



# Making Officers... Building Nation

#### MISSION

Our aim is to provide opportunities to the student to develop fully. Our Mission is to provide academic excellence to get selected in NDA. They should serve the nation by becoming officers in Indian Army, Indian Air force and Indian Navy. They should love their country and ceaselessly strive for its betterment.

#### **OUR VALUES AND ATTRIBUTES**

Our Values and attributes which align with our guiding statement, are integral to creating a school culture and climate to realize our educational goals.

- (a) Quality Education
- (c) Compassion
- (e) Determination
- (g) Perseverance
- (i) Honesty
- (k) Teamwork
- (b) Cleanliness
- (d) Commitment
- (f) Integrity
- (h) Respect
- (j) Responsibility
- (I) Trust

#### **AIMS & OBJECTIVES**

- Career Defense School is a Residential, Coeducational CBSE Pattern English Medium Institute which has been established to provide modern and progressive educational facilities at a reasonable cost to the children of the Army Personnel.
- The Institute is conceived and maintained as a happy and harmonious blending of the best in public schools' traditions.
- To provide broad based and relevant education, spiritual, social or vocational, this should culminate in the attainment of the fullest natural growth of the individual, leading to a balanced, harmonious, useful and natural life.
- To rear conscientious and responsible citizens with a healthy spirit of creativity, adventure and exploration.

To guide children to develop physically, intellectually and mould them into good citizens so that they can contribute towards the development of our Nation.





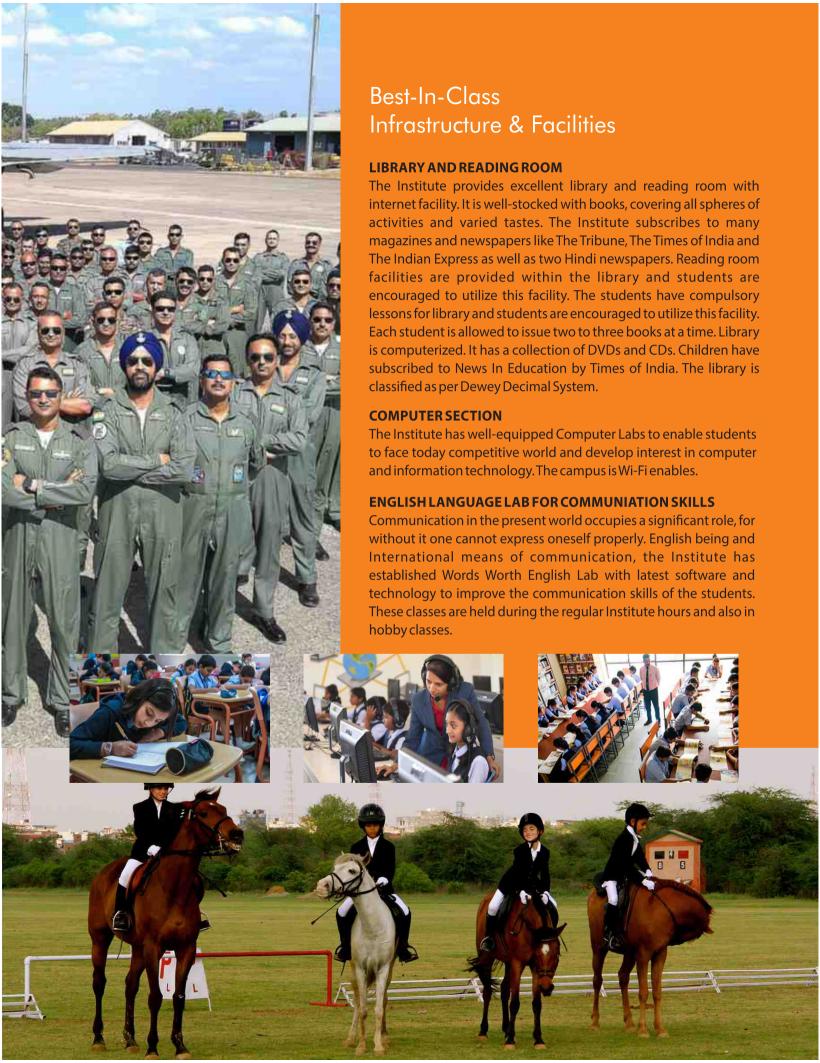


# **Unique Features**

- 25 Students Per Class
  - Quarterly Educational Trips
- 3 In House Doctor
  - 4 500 Computer For Weekly Online Test
- 5 Horse Riding
  - 6 Digital Classrooms
- Parents access to CCTV
  - 8 Smart Tabs for self study
- 9 10:1 Student Teacher Ratio
  - 10 Swimming Training
- 11 Communication Classes
  - 12 Daily academic reports to parents
- 13 Schooling with competitive training
  - 14 Individual Career Counceling
- 15 Form filling assistance







# Primary School Programme Class I to IV

The Primary School Programme encourages inquiry and exploration and develops children competence in various skills – reading, writing, listening, speaking, problem – solving, observation, measurement and use of information and communication technology.

The Primary school curriculum offers an exciting and creative learning environment, with an inter – disciplinary appreciation of Languages, Mathematics, Science and Social Studies, as individual and integrated subjects.

Equal emphasis is given to individual, small group and whole-group act to improve children's ability to work across all levels. Physical Education develops sports skills and creates health awareness Exposure to team and individual sports encourage a sense of team spirit, and individual effort and accomplishment.

The wide range of curricular and co-curricular opportunities offered helps instill in children confidence and discipline. The focus on developing communication skills helps them appreciate the value of education, as it reflects in their ability to express themselves, in addition to developing practical skills.

Education trips, excursions, activities and presentations provide experiential learning opportunities. Dance, Fine Arts, Yoga, Music and speech promote well-rounded development. Students are encouraged to participate in inter-house cultural and sports events. Book, newspaper, magazine reading activities increase children's awareness of the world.



# Middle School Programme Class V to VIII

- The emphasis is laid on building up the structured, student-centred and enquiry-based foundation laid at the Primary level.
- The curriculum is research oriented and learning opportunities are provided through worksheets in the classroom, laboratory time, library time, computer time and small group discussion time.
- Personality development is stressed through development of academic knowledge, the ability to question, sensory experience and a honing of creative expressions.
- Emphasis is made on group work including story time, lecture demonstrations, large group discussions, conceptual explanations and group goal setting.

The main aims of the programme are developing skills related to writing, reading, public speaking, competitive exam preparation and a desire to acquire knowledge. Academic subjects include English, Hindi, Mathematics, Science, History and Geography, Art, Computer Studies, Music, Yoga, Dance, Swimming, Horse Riding; Play Fields are integerated into the mainstream curriculum and are further strengthened as optional co-curricular activities.

# Senior Secondary Level Programme Class IX to XII

- The emphasis is laid not merely on information, but also on the learning of academic and practical skills.
- The specialised program for this level strives to achieve balance between academic excellence and the life outside the realms of scholastic aptitudes.
- An equal stress is laid on preparing students for the prescribed CBSE syllabus and on preparing the students for the various competitive entrance examinations.
- Result oriented training is imparted by experienced professionals who target for total development and desired success
- The concept of Synchro-Study has been introduced to reduce stress levels of students. A synchronized study pattern is maintained between the course content of the board examinations and that of the competitive entrance examinations
- Students have complete access to the various laboratories and library resources, specially
- Designed for the study and research requirements of the senior level students.



# Sainik School (SS)

#### Sainik School Entrance Exams

The 33 Sainik Schools are a system of Schools in India, which was conceived as a way to balance the regional and class distinctions among the officer cadre of Indian Military. It was started by V K Menon in 1961. The Sainik School was inspired by Rashtriya Indian Military College to which goes the credit of giving India manychief of the armed forces and even the new public school system.

#### **Age Criteria**

Class	Eligibility Criteria	No. of Seats	Date of Examination	Selection Procedure
VI (Sixth)	Age Should be 10 to 12 years as on 21st march of the year in which admission is sought	85 - 95	1 <sup>st</sup> Week (5 <sup>th</sup> Jan)	Written Examination & Medical Examination
IX (Ninth)	Age should be 13 to 15 years as on 31 <sup>st</sup> March of the year in which admission is sought and should be studying in class VIII in a recognised school	20 - 25	1 <sup>st</sup> Week (5 <sup>th</sup> Jan)	Written Examination & Medical Examination

#### **Exam Pattern**

#### **Class 6<sup>th</sup>: Duration of Examination 150 Minutes**

Sr.No.	Subject	No. of Ques	<b>Total Marks</b>
1	Maths	50 x 3	150
2	General Knowledge		
	(Science & Social Studies)	25 x 2	50
3	Language	25 x 2	50
4	Intelligence	25 x 2	50
	Total Marks		300

#### Class 9th: Duration of Examination 150 Minutes

Sr.No.	Subject	No. of Ques	<b>Total Marks</b>
1	Maths	50 x 4	200
2	English	25 x 2	50
3	Intelligence	25 x 2	50
4	General Science	25 x 2	50
5	Social Studies	25 x 2	50
	Total Marks		400





# Rashtriya Military School (RMS)

Rashtriya Military schools were eastablished as King George's Royal Indian Military schools to take care of the education of the sons of defence personnel. In 1952, the schools were reorganized on Public School lines and admissions were made open to the sons of Defence Service Officers and civilians. In 1954, the school became member of the Indian Public Schools Conference (IPSC) and continues to be an active member till date. The schools were renamed Military Schools in 1966 and its old motto, 'Play the Game' was replaced with 'SheelemParamBhushanam' which means Character is the Highest Virtue. On 25th Jun 2007, the schools got their present name "Rashtriya Military School". The school has several of its alumni occupying high positions in the Armed Forces and in other sectors doing stellar service to the motherland.

#### Age Criteria

Class	Eligibility Criteria	No. of Seats	Date of Examination	Selection Procedure
VI (Sixth)	Age Should be 10 to 12 years as on 21st march of the year in which admission is sought	80 / School	November	Written Examination, Interview & Medical Examination
IX (Ninth)	Age should be 13 to 15 years as on 31st March of the year in which admission is sought and should be studying in class VIII in a recognised school	20 / School	December	Written Examination & Medical Examination

#### **Exam Pattern**

#### Class 6th: Duration of Examination 150 Minutes

Sr.No.	Subject	No. of Ques	<b>Total Marks</b>
1	Maths	50 x 1	50
2	Language	50 x 1	50
3	Intelligence (Gen. Knowledge+Reasoning)	100 x 1	100
	Total Marks		200

#### Class 9th: Duration of Examination 150 Minutes

Sr.No.	Subject	No. of Ques	<b>Total Marks</b>
1	Maths	50	50
2	English	50	50
3	General Science	50	50
4	Social Studies	30	30
5	Hindi Grammar	20	20
	Total Marks		200

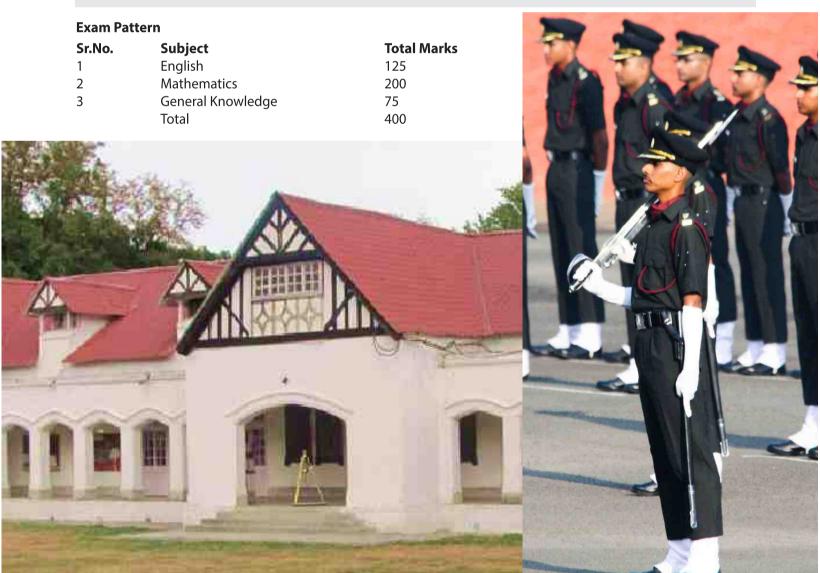


# Rashtriya Indian Military College (RIMC)

The Rashtriya Indian Military College (RIMC), is an Inter Service Category 'A' establishment, administered through the Director General of Military Training, Army Headquarters DHQ PO New Delhi-110011. Originally called to the Prince of Wales Royal Indian Military College it was inaugurated on 13th March 1922 by his Royal Highness, Prince Edward VIII the Prince of Wales. It was then located on the premises of the erstwhile Imperial Cadet Corps (also called Rajwada Camp), set amidst 138 acres of lush green countryside adjacent to Garhi Village in Dehradun Cantonment. During his address to the first thirty-seven Cadets he said, "It is the first few blows on the anvil of the life that give the human weapon the set and temper that carry him through life's battles". The Prince also made reference to the old Indian tradition of "Guru and Chela". This relationship of mutual love and reverence has formed the rock bed of RIMC ethos.

#### **Age Criteria**

Class	Eligibility Criteria	No. of Seats	Date of Examination	Selection Procedure
VII (Eighth)	The admission to the College is bi-annual i.e., in January and July each year. Candidates (boys only) should not be less	(a) 1 <sup>st</sup> March to 31 <sup>st</sup> March	(a) 1/2 nd June	Written Examination, Viva Voice &
	than 111/2 years of age but must not have attained the age of 13 on 01 January or 01 July of the term they join.	(b) 1 <sup>st</sup> Sept to 30 <sup>th</sup> September	(b) 1/2nd Dec	Medical Examination



# Rai Sports School, Sonipat

The Motilal Nehru School of Sports, Rai was founded in July,1973 by the Government of Haryana with the prime objective to provide excellent educational facilities with extra emphasis on sports to deserving students. The School is organized on the Public Schoolpattern. It is fully residential and co-educational. The School is amember of the Indian Public Schools' Conference and National

Progressive Schools' Conference. Our endeavor is to help and guide the students in their vigorous pursuit of excellence in academics and sports.

The administration of the School is vested in a Special Board forthe School constituted by the Government of Haryana. The expenditure on academics and sports is heavily subsidised by the stategovernment.

#### **Age Criteria**

Class	Eligibility Criteria	No. of Seats	Date of Examination	Selection Procedure
VI (fourth)	Age must be in between 8 to 10 year. (01.07.2008 to 30.06.2008)	80	February	Written Examination (100 Marks)

#### **UP Sainik School, Lucknow**

**About the Test:** Class 7<sup>th</sup> for Boys & Class 6<sup>th</sup> for Girls.

**Date of Examination:** January (2<sup>nd</sup> Week)

**Eligibility:** 

(a) Age between 10.5 – 12 years for class 7<sup>th</sup> for boys. (b) Age between 12.5 – 14 years for class 9<sup>th</sup> for girls. **No. of Seats:** 60 seats for class 7 & 15 seats for class 9

**Total No. of Questions: 200 Marks** 

**Gurukul Kurukshetra** 

**About the Test:** Class  $5^{th}$ to  $11^{th}$ .

**Date of Examination:** March (4<sup>th</sup> Week)

Form Date: 1<sup>st</sup> Jan to 30<sup>th</sup> March.
Total No. of Questions: 100 Marks

**Kittur Sainik School, Belgaum About the Test:** Class 6<sup>th</sup> for Girls.

**Date of Examination:** January (3rd Week) **Eligibility:** Age between 10 – 12 years.

No. of Seats: 85 Seats

Total No. of Questions: 200 Marks

R. K Mission

**About the Test:** Class 6<sup>th</sup>, 8<sup>th</sup>&11<sup>th</sup>. **Date of Examination:** 15<sup>th</sup> December

Form Mode: Offline

Total No. of Questions: 200 Marks

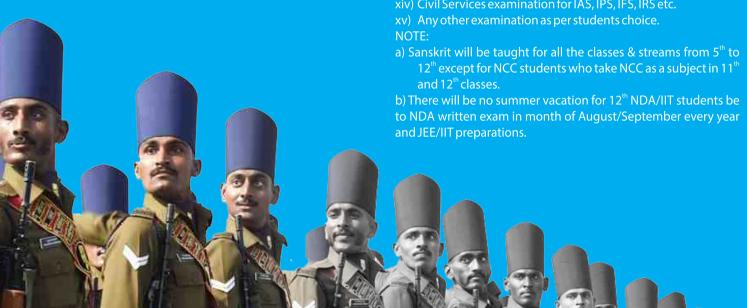


# **IMPORTANT NOTES**

Career infowis group has embarked upon a comprehensive plan for the in-house coaching/counselling of career oriented entrance exams for the overall benefit of the

- 1. From the 11<sup>th</sup> class onwards there will be a guidance and counselling programme for armed forces through NDA, IIT's, Medical Law, CCAT by the expert and experienced faculty as per specialization of the subject.
- 2. Teacher taught ration as per CBSE guidelines.
- 3. From 10+1 Non-Medical classes the CBSE syllabus and competition preparation will be covered by same in house expert faculty thereby avoiding duplication & saving the time for self study.
- 4. The emphasis will be given to the followings competitive exams by in-house guidance-counselling.
- National Science/Mathematic Olympiad
- ii) NTSE-National Science Talent Search Examination (for 6<sup>th</sup> to 12<sup>th</sup>)
- iii) NAO-NASA Astronomy Olympiad (5<sup>th</sup> to 10<sup>th</sup>)
- iv) NTSE National Talent Search Examination (from 9th

- v) KVPY Kishore Vaigyanik Prosthan Yojana (for 11<sup>th</sup> to 12 th Science streams)
- vi) NDA Apart from written exam, coaching for SSB by full time GTO (Group Task Officer) & psychologist. Establishment of NDA Academy for obstacles by July 2015. Also launching of Air NCC in addition to Army NCC.
- vii) Merchant Navy Entrance Exam conducted by India Maritime University (IMU), Chennai every year on the pattern
- viii) IIT/NIT/BITS Pilani/IIST (Indian Institute of Space Science & Technology, Trivandrun).
- ix) NEET/AIIMS/AFMC Pune / MGIMS Wardha for MBBS/BDS courses / JIPMER).
- B.Sc. (Agriculture) All India Entrance conducted by ICAR (Indian Council & Agriculture Research) – New Delhi for 4 years Degree course.
- xi) BAMS For admission to Ayurveda Colleges)
- xii) CLAT Common Law Admission Test for 5 years integrated BA +LLB/BBA/+LLB etc. for 16 National Law University (NLUs).
- xiii) Integrated 5 years M.Sc (Science) from IISERs (Indian Institute of Science Education & Research).
- xiv) Civil Services examination for IAS, IPS, IFS, IRS etc.



# PREFECTORIAL SYSTEM

The Perfectorial system is an essential feature of the institute. Students showing leadership qualities are chosen to be the perfects. This is an honour, at the same time, it inculcates caring attitude, responsibility and initiative. It is also a channel of communication between the staff and students.

#### PRINCIPAL & STAFF

The academic and administrative head of the institute is the Principal. The bursar is responsible for the general administration. In keeping with the national character, the Institute staff has been recruited from all over India. The staff is fully trained, experienced, motivated and fully dedicated. The membered of staff live in the accommodations provided in the campus. The institute estate is looked after by a highly motivated officer.

# DOCUMENTS REQUIRED AT THE TIME OF ADMISSION

Income Certificate

Photocopy of Aadhar card of Students + Father + Mother

Domicile Certificate

Date of Birth Certificate

Caste Certificate (SC/ST/OBC)

Passport Size Photographs

Medical History with name of the child

For serving/retired Defence personnel only (whichever applicable)

Medical Personnel Transfer Certificate

Medical Dependent Card/ECHS card of Dependent of ESM

Last class report card photocopy.

#### **VISITING HOURS**

The Parents must visit the school between 12:00 pm to 4:00 pm on the fourth Saturday of each month for the purpose of PTMs. Leave will not be normally granted to boys & girls during the terms except in exceptional classes.



# SOME DO'S FOR PARENTS

- Ensure your child reports to the school in time at the time of joining, after every vacation and after leave whenever granted.
- Ensure your child reports to the school with proper kit, clothing and proper uniform.
- Ensure timely payment of school fees and other dues.
- Ensure your child does all her assigned home assigned vacation homework. Assist her if need is felt.
- · To the extent possible talk to your child in English.
- Try and instill in your child moral value and respect for our rich heritage.
- · Teach her compassion and humaneness.
- Meet your child's teacher every time you are permitted to visit the school and check her progress made.
- · Closely watch your child's language. Ensure she uses refined and appropriate expressions.
- · Instill in your child a love for school and home properly.
- Tell your child that it is more honourable to fail than to cheat in exams.
- · Help your child develop an all responsibility. Encourage participation in various activities
- Inculcate in your child respect for teachers and our national symbols.
- · To discipline children, make them feel good about themselves.
- Treat children with respect and they will learn by example to reciprocate.
- Be calm and assertive when disciplining your child, especially in the per-teenyears.
- · Kids need a clear set of rules to grow up.
- · Be an unauthoritative parent, not an authoritarian one.
- Allow kids to express themselves. See life through their eyes.
- · Help your child accept failure along with success.
- · Make your child feel wanted.

# SOME DON'TS FOR PARENTS

- Don't encourage criticism of school and teachers by your child.
- · Don't talk ill of others in front of your child.
- Don't encourage indulging in watching Television.
- · Don't play with emotion of your child.
- Don't let your child fall into bad company and bad habits.
- · Don't give extra pocket money to your child.
- Don't force your child into embarrassing social situations. Explain to her your compulsion if any.
- · Don't treat your child as if it were an adult.
- · Don't undermine your child's achievements.
- Don't always discipline your child. May be we, as parents also need some discipline.
- · Don't rebuke your child for lack of certain skills.
- Don't punish your child for misbehaving or being self-absorbed.
- Don't take your child's good conduct for granted.



# THE SCHOOL DRESS CODE

#### **SCHOOL DRESS**

To keep up the dignity and prestige of the institute we aim at imparting military system based schooling, our cadets wear various types of uniforms olive green worn on Monday, Tuesday, Friday and Saturday: light green shirt and dark green pant with jersey above worn on Wednesday and Thursday, Track suit and PT dress worn during PT and games time.

Articles required for each student per year/as and when required articles to be bought from school clothing & stationary store

#### Sr.No. Article Required Quantity Three layered cotton masks washable or clinical mask or N95 mask 10 Piece Hand Sanitizer 2 Big, 1 Small 2. 3. Dettol Liquid 1 Big Bottle 4. Dettol Soaps 6 5. Socks 4 Pairs 6. Cotton Hand Gloves 4 Pairs 7. Cotton Handkerchief 1 Dozen 8. Net Mosquito 1 9. Odomos 2 Tubes 10. Hair Oil As per your requirement 11. Underwear 6 12. Vests 13. Shampoo As per your requirement 14. Cold Cream/Moistriser 15. Bed Sheets with Pillow and 2 Pillow Covers 3 2 16. Track Suits (navy blue) 17. Black Sports Shoes 2 18. T-Shirts white with color 2 19. Blue Jeans 2 20. Blanket with 2 Covers 1 2 21. Night Suits 22. Bathroom Sleepers 1 23. Water Bottle 1 24. Blue Turban or Patka for Sikh Boys 3 25. Locks 2 26. Casual wear as per your requirements As per your requirement

#### **Article Provided by school**

- 1. Books.
- 2. Bag.
- 3. Dress (School Uniform and sports uniform) 2sets.
- 4. Stationary Items.
- 5. Food
- 6. Milk



# **IMPORTANT CONTACT:**

HELPLINE NO: 7419999228 OFFICE NO: 8950268710

Email: careerdefenceschool@gmail.com

# FEES STRUCTURE FOR SESSION 2022 TO 2023

Class	Registration Fee	Academic Fee	Hostel Fee	Total Fee	1 Time Fee	2 Time Fee
1 to 5	20,000	70,000	60,000	1,30,000	1,20,000	70,000 (1st Installment)
						60,000 (2 <sup>nd</sup> Installment)
6 to 9	20,000	80,000	60,000	1,40,000	1,30,000	80,000 (1st Installment)
						60,000 (2 <sup>nd</sup> Installment)
10 to 12	20,000	80,000	70,000	1,50,000	1,40,000	80,000 (1st Installment)
						70,000 (2 <sup>nd</sup> Installment)

#### **Notes:**

- 1.3 form free according to student age
- 2. 15 Books sets and stationary item free for 1 year
- 3. School Uniform is included in fees.
- 4. Weekly online test is free for 1 year
- 5. Rs. 40,000 will be charge extra for AC room (1 year)
- 6. There will be no extra & hidden charges except fees & pocket money.
- 7. 5 types of School Uniform is included in School fees.

#### **Our Bank Details**

#### **HDFC BANK**

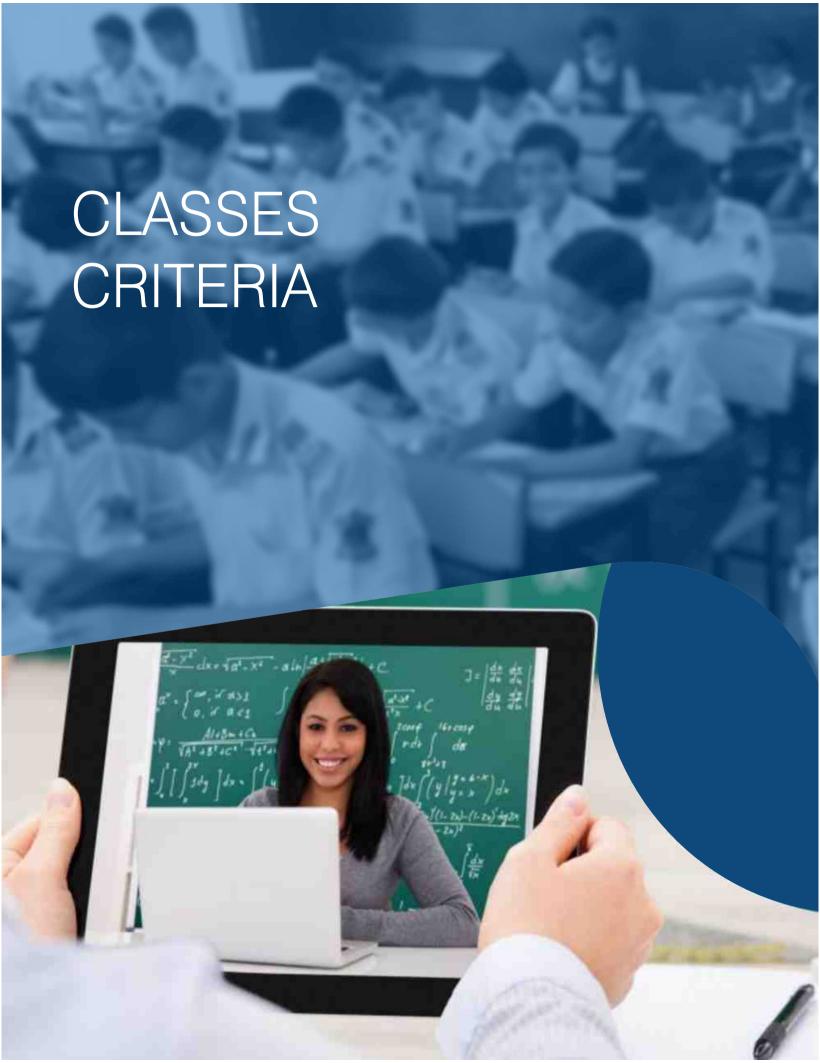
CAREER INSTITUTE EDUCATIONAL SOCIETY A/c - 50200047117241 IFSC CODE – HDFC0000131 BRANCH – SADAR BAZAR, AMBALA CANTT





Sr.No	Admission	Exam Details	Expected	Expected	Seats	Fees
	For Class		Form Date	Exam Date		
1	6 <sup>th</sup>	Sainik School 2022	1st Sept to 20th	2 Jan 2022	90 to 100	Rs.1,50,000
			Oct 2021	(Expected)		(Appx)
2	9 <sup>th</sup>	Sainik School 2022	1st Sept to 20th	2 Jan 2022	20 to 25	Rs.1,50,000
			Oct 2021	(Expected)		(Appx)
3	6 <sup>th</sup>	Military School	15th Sept to 20th	26th Dec	80	Rs.90,000
		2022	Oct 2021	2021		(Appx)
4	9 <sup>th</sup>	Military School	15th Sept to 20th	26th Dec	20	Rs.90,000
		2022	Oct 2021	2021		(Appx)
5	8 <sup>th</sup>	RIMC Dec 2021	1st Aug to 30th	18 <sup>th</sup> Dec	1 seat per	Rs.1,07,500
			Oct 2021	2021	state	(Appx)
					(Appx)	
6	4 <sup>th</sup> to 9 <sup>th</sup>	Gurukul	1st Dec to 15th	Last week	20 seats	Rs.1,50,000
		Kurukshtra 2022	March 2022	of March	per class	(Appx)
				2022		
7		Central Hindu	1st March 2022	1st week of	Boys: 107	Rs.60,000
	6 <sup>th</sup>	School Varanasi	to 31st March	May 2022	Seats	(Appx)
			2022		Girls: 70	
					Seats	
8		Central Hindu	1st March 2022	1st week of	Boys: 104	Rs.60,000
	9th	School Varanasi	to 31st March	May 2022	Seats	(Appx)
			2022		Girls: 10	
	611	N.T. 1	1 1 20	Oil A 11	Seats	D 45 000
9	6 <sup>th</sup>	Navodaya	1 Aug to 30	9 <sup>th</sup> April	80	Rs.15,000
	0.1	Vidhyalaya	Sept 2021	2022	2.2	7 17 000
9	9th	Navodaya	1 Aug to 30	9th April	80	Rs.15,000
	4.4	Vidhyalaya	Sept 2021	2022		
10	6 <sup>th</sup>	Kittur Sainik School	1st Nov to 30th	16 <sup>th</sup> Jan	60	Rs.1,74,000
			Nov 2021	2022		(Approx)
11	6 <sup>th</sup>	Chaman Vatika	1st Jan to 25th	28 <sup>th</sup> Feb	20	Rs.1,72,000
		Gurukul	Feb 2022	2022		





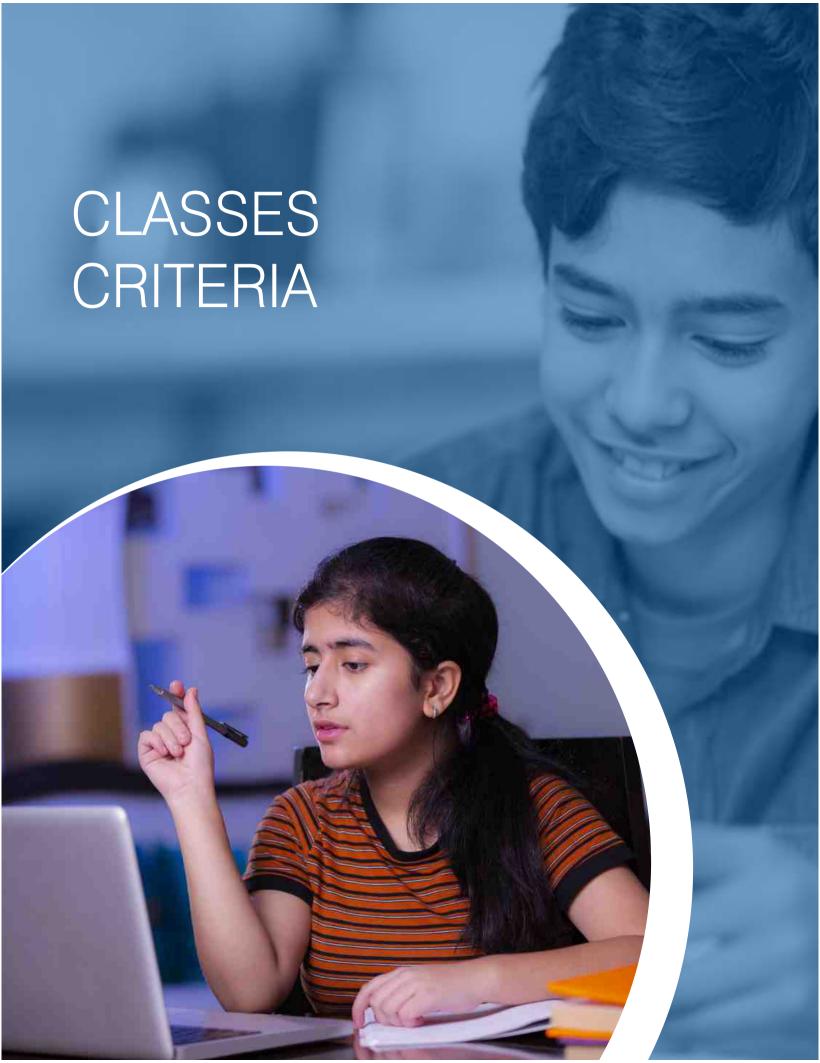
# PROGRAME-1 REGULAR SCHOOLING

- Daily 10 Hours Classes.
- Daily 1 Hour interview training.
- Free 15 books set with stationer.
- Free 5 forms according to age.
- Free weekly online test.
- School uniform included in school fee.
- Horse riding & swimming training.
- NCC training.

# PROGRAME-2 FULL DAY LIVE CLASSES

- Daily 9 Hours Classes.
- Daily 1 Hour interview training
- Free 15 books set with stationer.
- Free 5 forms according to age.
- Free complete online course valid for 1 year
- Free weekly online test like Sainik School, RMS, CHS, JNV.





# PROGRAME-3 LIVE EVENING CLASSES

- Daily 3 Hours Classes.
- Interview training from January to March.
- Free 15 books set with stationer.
- Free 5 forms according to age.
   Free complete online course valid for 1 year
- Free weekly online test like Sainik School, RMS, CHS, JNV.

# PROGRAME-4 COMPLETE ONLINE COURSE

- Valid for 1 year only.
- 3000+ recorded video lectures.
- Recorded interview training session.
- Free 15 books set with Stationery.
- Free 40 sample papers.
- Free one form.
- last 10 years solved paper video of Sainik, RMS, CHS, JHV.
- Free weekly online test like Sainik, RMS, CHS, JHV.



# **SAINIK SCHOOL & RMS RESULTS 2021**



**JASJOT RIMC 2021** 



MAYANK PAL **RMS** 



SAGUN **RMS** 



VIKAS **RMS** 



**SURYANSH RMS** 



DIVYANSHU **RMS** 



**PANSHUAL RMS** 



AKASH **RMS** 



LAKSHAY **SAINIK SCHOOL** 



LIPSA **SAINIK SCHOOL** 



MAYANK SAINIK SCHOOL



**PUSKHKAR SAINIK SCHOOL** 



RAVI **RMS** 



RUDRANSH **RMS** 



AKASH **RMS** 



**KSHITIJ** SAINIK SCHOOL



**ASHISH KUMAR SAINIK SCHOOL** 



SAINIK SCHOOL



ADITYA RAJ **SAINIK SCHOOL** 



**SURAJ SAINIK SCHOOL** 



VANSH



SAINIK SCHOOL GURUKUL NILOKHERI



**ARYAN NAYAK GURUKUL NILOKHERIL KITTUR SAINIK** 



**ARADHNA SCHOOL** 



**ABHAY** APS DAGSHAI



AKSHA GAUTAM APS DAGSHAI



**ARYAN APS DAGSHAI** 



RAVI **APS DAGSHAI** 



**RUCHI CHAMAN VATIKA GURUKUL** 

#### छात्रावास समय–सारिणी Hostel Time Table Session 2022-2023

	Schedule (दिनचर्या)	Summer (ग्रीष्मकालीन)
1.	Rouser (जागरण)	5:00 am
2.	Fall in out side	5:30 am
3.	Physical Training (शरीरिक प्रशिक्षण)	5:30 to 6:30 am
4.	Ready for School	6:30 to 7:30 am
5.	Breakfast प्रातराश (नाश्ता)	7:30 to 8:00 am
6.	Morning Assembly (सुबह की सभा)	8:00 to 8:30 am
7.	1st Period (पहली अवधि)	8:30 to 9:10 am
8.	2nd Period (दुसरी अवधि)	9:10 to 9:50 am
9.	3rd Period (तीसरी अवधि)	9:50 to 10:30 am
10.	4th Period (चौधी अवधि)	10:30 to 11:10 am
11.	5th Period (5वीं अवधि)	11:10 to 11:50 am
12.	Milk Break	11:50 to 12:00 pm
13.	6th Period (६वीं अवधि)	12:00 to 12:40 pm
14.	7th Period (नवीं अवधि)	12:40 to 1:20 pm
15.	Lunch Break (भोजन मध्याह्न)	1:20 to 2:00 pm
16.	Revision Classes (संशोधन कक्षाएं)	2:00 to 4:00 pm
17.	Rest Cum Refreshment (विश्राम एव जलपान)	4:00 to 5:00 pm
18.	Sports Activity (खेल गतिविधि)	5:00 to 7:30 pm
19.	Dinner (भोजन)	7:30 to 8:30 pm
20.	Night Study (रात का अध्ययन)	8:30 to 10:00 pm
21.	Sleep (Light Off) (शपन)	10:00 to 5:00 am
Note	e: Weekly Two Test Conduct (Online+Offline	ne)





Prepare for RIMC, RMS, Sainik School					
S.No.	<b>IMPORTANT EXAMS</b>	FORM DATE	LAST DATE	EXAM DATE	
1.	Gurukul Kurukshetra 2022	1 Dec 2021	15 March 2022	20 & 27 March 2022	
2.	RIMC June 2022	1 Feb 2022	31 March 2022	4 June 2022	
3.	RIMC Dec 2022	1 Aug 2022	30 Sept 2022	3 Dec 2022	
4.	Military School 2023	20 Oct 2022	30 Nov 2022	26 Dec 2022	
5.	Sainik School 2023	20 Sept 2022	30 Oct 2022	2 Jan 2023	